Part 1: Cloze (40%)

Directions: Identify and choose the appropriate words or phrases that best fit the blanks of the passages.

According to a study, 52% of women would like to work around family commitments. (1) ______ parents with children under six or disabled children under 18 now have the right to apply to work flexibly and their employers have a duty to consider their applications seriously. So, if you’re desperate to (2) ______ the 9 to 5 routine, you have three options as follows. The first option is “Part-time.” However bear in mind that many part-time jobs are low paid and offer little opportunity for career (3) ______. The second option is called “Flextime,” which means you agree to work at certain hours, and outside of these hours, you can arrange your starting and finishing times as you please. The (4) ______ option for you is “Job-share,” has become a way to introduce “part-time” hours into areas where people have usually only worked full time. All the (5) ______ of one job are divided between two people, who in turn split the pay, holidays and benefits according to how many hours they each work.

1. (A) Inevitably (C) Without doubt
   (B) What’s more (D) Consequentially
2. (A) getaway (C) threaten
   (B) flee (D) escape
3. (A) advancement (C) progress
   (B) endorsement (D) procedure
4. (A) previous (C) last
   (B) primary (D) latter
5. (A) functions (C) undertakings
   (B) commissions (D) responsibilities

There are two types of skin ageing; one is the unavoidable natural process of biological ageing, where skin and muscles lose elasticity and tone over time. The other is largely avoidable and is caused by factors such as sun exposure, stress and smoking. First, no matter how much better you may look or feel with a tan, the long and the short of it is that a tan is a visible (6) ______ of skin damage and will speed the ageing process. While genetics will play a major role in when your skin starts to age and wrinkle, there is no question that unprotected exposure to the sun will cause premature wrinkles. You should always protect your skin (7) ______ the sun with a sun screen of at least SPF 15. (8) ______ the obvious damage to your overall health and the increased risk of cancer, smoking is also terrible for your complexion. Heavy smokers inevitably have pale, lifeless looking skin caused by poor (9) ______. As they get older they develop lots of small lines running perpendicular to the lips, (10) ______

lipstick to bled and giving a prematurely aged appearance.

6. (A) confirmation (C) proof
   (B) manifestation (D) evidence
7. (A) for (C) against
   (B) under (D) out of
8. (A) Aside from (C) Adjacent to
   (B) Next to (D) Along with
9. (A) transmission (C) development
   (B) circulation (D) improvement
10. (A) caused (C) cause
    (B) to cause (D) causing

According to a medical dictionary, the definition of Insomnia is “prolonged and abnormal inability to obtain adequate sleep.” Plainly speaking, Insomnia is a sleep disorder that may be characterized by difficulty falling asleep, (11) ______ up when during the night and having trouble (12) ______ back to sleep, waking too early, and/or sleep that doesn’t refresh. Statistics show that older people tend to get insomnia more than younger people, and women (13) ______ more than men. People who experience insomnia may have fatigue, difficulty concentrating, and irritability. Sometimes people who have insomnia also have another sleep disorder such as narcolepsy, the sudden attack of sleep, or sleep apnea, the brief periods of recurrent cessation of breathing while asleep. Insomnia can also be acute or chronic, meaning short-term or long-term (14) ______. Insomnia may be caused by life events such as a job loss, the death of a loved one, moving, illness, environmental factors, or a disruption in one’s sleep schedule. Some causes of chronic insomnia are depression, pain, and chronic stress. Acute insomnia may not require treatment, just adjustment and good sleeping habits. Chronic insomnia should be addressed by treating (15) ______ health problems first; then a health professional may suggest therapy or medication.

11. (A) wake (C) waking
    (B) wakes (D) to wake
12. (A) get (C) getting
    (B) to get (D) gotten
13. (A) hardly (C) merely
    (B) slightly (D) scarcely
14. (A) respectively (C) separately
    (B) collectively (D) retrospectively
15. (A) following (C) depending
    (B) including (D) underlying